**TYPES OF COVID-19 VACCINES**

There are Currently 3 Types of Vaccines Authorized & Recommended

**Moderna**

*Type*: mRNA  
*Age Requirement*: 18+  
*# of Shots*: 2 Doses (4 weeks Apart)  
*Who Should Not Get It*:  
- If you have had a severe allergic reaction (anaphylaxis) or an immediate allergic reaction even if it was not severe to any ingredient in an mRNA COVID-19 vaccine (such as polyethylene glycol), you should not get an mRNA COVID-19 vaccine.  
- If you have had a severe allergic reaction (anaphylaxis) or an immediate allergic reaction even if it was not severe after getting the first dose of the vaccine, you should not get a second dose of either of the mRNA COVID-19 vaccines.

**Pfizer**

*Type*: mRNA  
*Age Requirement*: 16+  
*# of Shots*: 2 Doses (3 weeks Apart)  
*Who Should Not Get It*:  
- If you have had a severe allergic reaction (anaphylaxis) or an immediate allergic reaction even if it was not severe to any ingredient in an mRNA COVID-19 vaccine (such as polyethylene glycol), you should not get an mRNA COVID-19 vaccine.  
- If you have had a severe allergic reaction (anaphylaxis) or an immediate allergic reaction even if it was not severe after getting the first dose of the vaccine, you should not get a second dose of either of the mRNA COVID-19 vaccines.

**Johnson & Johnson**

*Type*: Viral Vector  
*Age Requirement*: 18+  
*# of Shots*: 1 Dose  
*Who Should Not Get It*:  
If you have had a severe allergic reaction (anaphylaxis) or an immediate allergic reaction even if it was not severe to any ingredient in the J&J/Janssen COVID-19 vaccine (such as polysorbate), you should not get the J&J/Janssen COVID-19 vaccine.

**POSSIBLE SIDE EFFECTS FROM THE VACCINE:**

**In the Injection Site**
- Pain  
- Swelling  
- Redness

**Through Your Body**
- Chills  
- Fever  
- Fatigue  
- Headache  
- Muscle Pain  
- Nausea

**Call Your Doctor When:**
- If the redness or tenderness where you got the shot gets worse after 24 hours  
- If your side effects are worrying you or do not seem to be going away after a few days

**If You Have Any Questions Please Visit:**

For more Information and Resources Visit  
[www.unitedcommunityclinic.com](http://www.unitedcommunityclinic.com) or scan this QR Code

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**ALL INFORMATION DISPLAYED WAS GATHERED FROM THE CENTER FOR DISEASE CONTROL (CDC)**
When germs, such as the virus that causes COVID-19, invade our bodies, they attack and multiply. This invasion, called an infection, is what causes illness. The first time a person is infected with the virus that causes COVID-19, it can take several days or weeks for their body to make and use all the germ-fighting tools needed to get over the infection. After the infection, the person’s immune system remembers what it learned about how to protect the body against that disease. COVID-19 vaccines help our bodies develop immunity to the virus that causes COVID-19 without us having to get the illness. Different types of vaccines work in different ways to offer protection. But with all types of vaccines, the body is left with a supply of “memory” T-lymphocytes as well as B-lymphocytes that will remember how to fight that virus in the future.

It typically takes a few weeks after vaccination for the body to produce T-lymphocytes and B-lymphocytes. Therefore, it is possible that a person could be infected with the virus that causes COVID-19 just before or just after vaccination and then get sick because the vaccine did not have enough time to provide protection.

**MYTH**

The Vaccine Can Make You Sick With COVID
-No Approved Vaccine Contains The Live Virus That Makes You Sick

**FACT**

You should be vaccinated regardless of whether you already had COVID-19

**MYTH**

The Vaccine Will Alter My DNA
-COVID-19 vaccines do not change or interact with your DNA in any way.

**FACT**

The COVID-19 vaccination protects me from getting sick with COVID-19

**MYTH**

The Vaccine Will Cause Me To Test Positive for COVID-19 on a Viral Test
-None of the approved vaccines can cause you to test positive on viral tests, which are used to see if you have a current infection.

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